

Caught In The Act

64 COUNTS, 4 WALL LINE DANCE



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LEVEL OF DIFFICULTY: INTERMEDIATE
CHOREOGRAPHER: ANN WOOD (UK) February 2004.
CHOREOGRAPHED TO: "WHO'S BEEN SLEEPING IN MY BED" (109 bpm) by Glenn Frey from "SOLO COLLECTION" CD, start on vocals.
MUSIC SUGGESTION: "IT DON'T GET BETTER THAN THIS" (125 bpm) by Rodney Crowell from "STEPPIN COUNTRY 4" CD, 32 count into – start on the word "temptress".

SECTION 1 RIGHT KICK BALL CROSS x2, SIDE ROCK, SAILOR STEP.
1 & 2 KICK RIGHT DIAGONALLY FORWARD RIGHT. STEP RIGHT IN PLACE. CROSS LEFT OVER RIGHT.
3 & 4 REPEAT COUNTS 1 & 2 ABOVE.
5 - 6 ROCK RIGHT TO RIGHT SIDE. RECOVER ONTO LEFT.
7 & 8 CROSS RIGHT BEHIND LEFT. STEP LEFT TO LEFT SIDE. STEP RIGHT IN PLACE.

SECTION 2 LEFT KICK BALL CROSS x2, SIDE ROCK, SAILOR 1/4 TURN LEFT.
1 & 2 KICK LEFT DIAGONALLY FORWARD LEFT. STEP LEFT IN PLACE. CROSS RIGHT OVER LEFT.
3 & 4 REPEAT COUNTS 1 & 2 ABOVE.
5 - 6 ROCK LEFT TO LEFT SIDE. RECOVER ONTO RIGHT.
7 & 8 CROSS LEFT BEHIND RIGHT. TURN 1/4 LEFT STEPPING RIGHT IN PLACE. STEP LEFT FORWARD.

SECTION 3 ROCK STEP, COASTER STEP, ROCK STEP, TRIPLE 1/2 TURN LEFT ON THE SPOT.
1 - 2 ROCK RIGHT FORWARD. RECOVER ONTO LEFT.
3 & 4 STEP RIGHT BACK. CLOSE LEFT BESIDE RIGHT. STEP RIGHT FORWARD.
5 - 6 ROCK LEFT FORWARD. RECOVER ONTO RIGHT.
7 & 8 TRIPLE 1/2 TURN LEFT ON THE SPOT STEPPING LEFT, RIGHT, LEFT.

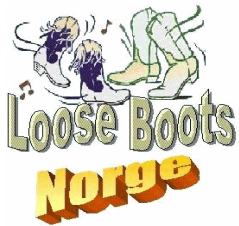
SECTION 4 SYNCOPATED ROCK STEPS, BACK SHUFFLE, BACK ROCK.
1 - 2 ROCK RIGHT FORWARD. RECOVER ONTO LEFT.
& 3 - 4 STEP RIGHT BESIDE LEFT. ROCK LEFT FORWARD. RECOVER ONTO RIGHT.
5 & 6 STEP LEFT BACK. CLOSE RIGHT BESIDE LEFT. STEP LEFT BACK.
7 - 8 ROCK RIGHT BACK. RECOVER FORWARD ONTO LEFT.

SECTION 5 RIGHT & LEFT TOUCH HOLDS, HEEL SWITCHES, STEP 1/4 TURN LEFT.
1 - 2 TOUCH RIGHT TO RIGHT SIDE. HOLD.
& 3 - 4 STEP RIGHT IN PLACE. TOUCH LEFT TO LEFT SIDE. HOLD.
& 5 STEP LEFT IN PLACE. TOUCH RIGHT HEEL FORWARD.
& 6 STEP RIGHT IN PLACE. TOUCH LEFT HEEL FORWARD.
& 7 - 8 STEP LEFT IN PLACE. STEP RIGHT FORWARD. PIVOT 1/4 TURN LEFT.

SECTION 6 **CROSS SHUFFLE, 2x 1/4 HINGE TURNS RIGHT, CROSS ROCK, LEFT CHASSE.**
1 & 2 CROSS RIGHT OVER LEFT. STEP LEFT TO LEFT SIDE. CROSS RIGHT OVER LEFT.
3 - 4 TURN 1/4 RIGHT STEPPING LEFT BACK. TURN 1/4 RIGHT STEPPING RIGHT BESIDE LEFT.
5 - 6 CROSS ROCK LEFT OVER RIGHT. RECOVER ONTO RIGHT.
7 & 8 STEP LEFT TO LEFT SIDE. CLOSE RIGHT BESIDE LEFT. STEP LEFT TO LEFT SIDE.

SECTION 7 **CROSS TOUCH, SLOW HEEL JACKS.**
1 - 2 & CROSS RIGHT OVER LEFT. TOUCH LEFT BESIDE RIGHT. STEP LEFT SLIGHTLY BACK.
3 - 4 TOUCH RIGHT HEEL DIAGONALLY FORWARD RIGHT. HOLD.
& 5 - 6 STEP RIGHT IN PLACE. CROSS LEFT OVER RIGHT. HOLD.
& 7 - 8 STEP RIGHT SLIGHTLY BACK. TOUCH LEFT HEEL DIAGONALLY FORWARD LEFT. HOLD.

SECTION 8 **& CROSS, 1/4 TURN, COASTER STEP, WALK FORWARD x2, FORWARD SHUFFLE.**
& 1 - 2 STEP LEFT IN PLACE. CROSS RIGHT OVER LEFT. TURN 1/4 RIGHT STEPPING LEFT BACK.
3 & 4 STEP RIGHT BACK. STEP LEFT BESIDE RIGHT. STEP RIGHT FORWARD.
5 - 6 STEP LEFT FORWARD. STEP RIGHT FORWARD.
OPTION: **REPLACE COUNTS 5 - 6 WITH FULL TURN LEFT TRAVELLING FORWARD STEPPING LEFT, RIGHT.**
7 & 8 STEP LEFT FORWARD. CLOSE RIGHT BESIDE LEFT. STEP LEFT FORWARD.



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