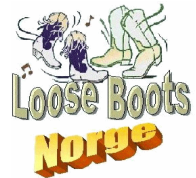


CHA CHA SLIDE

4 WALL LINE DANCE



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PREPARED BY: SADIAH HEGGERNES (Tlf. 33 05 87 94 Mob. 902 04 440)

LEVEL OF DIFFICULTY: BEGINNER

SUGGESTED MUSIC: "CHA CHA SLIDE" (Radio Version) by DJ Casper

NOTE: There is no official sheet for this dance. Similar to Superman by Black Lace or The Time Warp you simply do what the song tells you to do.

Above is a guide to the basic routine but be warned you have to listen because it changes!

Section 1
'To the left now'

Grapevine left with touch.
Step left to left side. Cross right behind left
Step left to left side. Touch right beside left.

Section 2
'Take it back now'

Stroll back with touch.
Step back right. Step back left.
Step back right. Touch left beside right.

Option: Try mashed potato steps back, or a rolling turn back.

Section 3
'One hop this time'

Hop Forward.
Hop forward on right, hitching left.
Option: If you don't like to hop you can scoot forward on both feet.
Note: The amount of hops Casper will ask you to do will vary.

Section 4
'Right foot let's stomp'

Right Stomp Forward.
With weight on left stop right forward.
Option: You can spread your arms to add attitude with each stomp.

Section 5
'Left foot let's stomp'

Left Stomp Forward.
With weight on right stomp left forward.
Option: You can spread your arms to add attitude with each stomp.
Note: The amount of stomps Casper will ask you to do will vary.

Section 6
'Now Cha Cha'

Jazz Box (with attitude).
Cross right over left. Step back left.
Step right to right side. Step forward left.
Option: You can do mambo rocks, or anything else you feel fit.
Note: Casper will ask you twice or more so keep listening.

Section 7
'Turn it out'
Or 'Lets go to work'

1/4 Turn Left into Grapevine Right with Touch.
Make 1/4 turn left stepping right to right side.
Cross left behind right. Step right to right side. Touch left beside right.

Section 8

Clap

Option:

Hand Claps.

Clap your hands in time with the music.

Some people like to walk around while doing their claps.

Section 9

'Criss Cross'

Jump Apart, Jump & Cross.

Jump feet apart. Jump feet together crossing right over left.

Section 10

'Slide to the left'

Note:

Left Slide.

Step left to left side, sliding right to touch beside left.

In part of the track Casper will ask you to 'reverse' the slide steps.

Section 11

'Slide to the right'

Note:

Right Slide.

Step right to right side, sliding left to touch beside right.

In part of the track Casper will ask you to 'reverse' the slide steps.

Section 12

'How low can you go'

Limbo / Twist Down.

Limbo / Twist down (make sure you can get up again).

Section 13

'Bring it to the top'

Stand Up Waving Arms.

Rise arms up waving to the beat.

Section 14

'Hands on your knees'

Knee Knocks.

Knock knees together, criss crossing hands on knees.

Section 15

'Charlie Brown'

Charlie Brown.

There is some confusion over what is required at this part of the track.

Some people rock forward and back. Some people do nothing.

Max Perry told us:

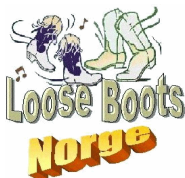
Socially it has been a term used by African Americans describing a white person's lack of rhythm when they dance. The actual dance step is a jump or "Jazz Jump" (2 footed jump). In the cha cha slide, the jumps can be forward and back, or from left to right while nodding your head, or turning your head from side to side.

Section 16

'Freeze'

Strike A Pose.

Strike a pose and freeze.



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