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# Coastin'

## 40 COUNTS, 4 WALL LINE DANCE

**PREPARED BY:** SADIAH HEGGERNES (Tlf. 33 05 87 94 Mob. 902 04 440)  
**CHOREOGRAPHED BY:** RAY & TINA YEOMAN (UK) OCT 1997.  
**LEVEL OF DIFFICULTY:** BEGINNER/INTERMEDIATE  
**CHOREOGRAPHED TO:** "LORD OF THE DANCE" by Ronan Hardiman  
from "Michael Flatley's Lord Of The Dance" CD.  
**MUSIC SUGGESTION:** "FOUR WHEELED COWBOY" by Dave Sheriff (120 bpm)  
from Fly Away CD.

### **Section 1 Stroll Forward, Kick, Step Back, Coaster & Kick Ball Change.**

1 - 2 Step forward right. Step forward left.  
3 - 4 Kick forward right. Step back right.  
5 & 6 Step back left. Step right beside left. Step forward left.  
7 & 8 Kick forward right. Step right beside left. Step left in place.

### **Section 2 Stroll Forward, Kick, Step Back, Coaster & Kick Ball Change.**

1 - 2 Step forward right. Step forward left.  
3 - 4 Kick forward right. Step back right.  
5 & 6 Step back left. Step right beside left. Step forward left.  
7 & 8 Kick forward right. Step right beside left. Step left in place.

### **Section 3 Heel, Step, Touch x 4 (with hands on hips).**

1 Touch right heel forward.  
& 2 Step right beside left. Touch left toe in place.  
3 Touch left heel forward.  
& 4 Step left beside right. Touch right toe in place.  
5 - 8 Repeat steps 1 - 4.

### **Section 4 Heel Forward & Side, Triple Step x 2.**

1 - 2 Touch right heel forward. Touch right heel to right side.  
3 & 4 Triple step in place - Right, Left, Right.  
5 - 6 Touch left heel forward. Touch left heel to left side.  
7 & 8 Triple step in place - Left, Right, Left.

### **Section 5 Side, Slide, Shuffle 1/4 Turn, Step 1/2 Pivot, Left Shuffle.**

1 - 2 Step right to right side. Slide left beside right and clap hands.  
3 & 4 Step right 1/4 turn right. Step left beside right. Step forward right.  
5 - 6 Step forward left. Pivot 1/2 turn right.  
7 & 8 Step forward left. Close right beside left. Step forward left.



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