

FRIDAY MAMBO

48 COUNT, 4 WALL LINE DANCE



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PREPARED BY: SADIAH HEGGERNES 33 05 87 94 / 902 04 440
LEVEL OF DIFFICULTY: IMPROVER
CHOREOGRAPHED BY: SADIAH HEGGERNES (NORWAY) MAY '08
CHOREOGRAPHED TO: "MAMBO CON DANCEHALL", Brooklyn Funk Essentials
CD "PUTUMAYO PRESENTS BAILA – A LATIN DANCE"
MUSIC SUGGESTIONS: "PAPA LOVES MAMBO", Perry Como, "MAMBO No. 5", Lou Bega

16 Count Intro – Start on main vocals

Section 1 Mambo Rocks (using hips), ¼ Turn, Lock Step

1-2 Rock forward on right, recover weight on left
3-4 Rock back on right, recover weight on left
5-6 ¼ turn right stepping forward on right, lock left behind right
7-8 Step forward on right, hold (3:00)

Section 2 Mambo Rocks (using hips), ¼ Turn, Lock Step

1-2 Rock forward on left, recover weight on right
3-4 Rock back on left, recover weight on right
5-6 ¼ turn left stepping forward on left, lock right behind left
7-8 Step forward on left, hold (12:00)

Section 3 Extended Weave, Paddle ½ Turn

1-2 Step right to right side, cross left behind right
3-4 Step right to right side, cross left over right
5-6 Step forward on right ¼ turn left (9:00)
7-8 Step forward on right ¼ turn left (6:00)

Section 4 Extended Weave, Touch, ¼ Turn, Flick, Step, Hold

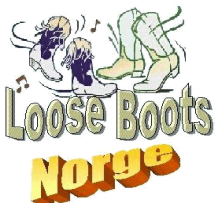
1-2 Step right to right side, cross left behind right
3-4 Step right to right side, cross left over right
5-6 Touch right to right side, ¼ turn left on ball on left, flicking right out
7-8 Step forward on right, hold (3:00)

Section 5 Mambo Step x 2, Hold

1-2 Rock forward on left, rock back onto right
3-4 Step back on left, hold
5-6 Rock back on right, rock forward onto left
7-8 Step forward on right, hold (3:00)

Section 6 Step, Pivot, Step, Right Side Mambo, Touch

1-2 Step forward on left, ½ turn right
3-4 Step forward on left, hold
5-6 Rock right to right side, rock back onto left
7-8 Touch right beside left, hold (9:00)



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