

HEAD OVER HEELS

56 COUNT, 2 WALL, LINE DANCE



PREPARED BY: SADIAH HEGGERNES (Tif. 33 05 87 94 Mob. 902 04 440) www.looseboots.no
LEVEL OF DIFFICULTY: BEGINNER / INTERMEDIATE
CHOREOGRAPHER: ANDREW, SIMON AND SHEILA (UK) JANUARY 2007
CHOREOGRAPHED TO: "HEAD OVER HEELS" by ABBA,
CD: "THE DEFINITIVE COLLECTION" or "THE VISITORS"

Intro: 30 seconds (approx) – start on the word "very"

Section 1 WALK. WALK. KICK-BALL-CHANGE. PIVOT 1/2. KICK-BALL-CHANGE.

1-2 Walk forward right, walk forward left
3&4 Kick out on right. Step right next to left. Step left in place
5-6 Step forward on right. Pivot ½ turn to left, changing weight to left
7&8 Kick out on right. Step right next to left. Step left in place

Section 2 ROCK. RECOVER. COASTER-STEP. TOE-STRUT. TOE-STRUT.

1-2 Rock forward right. Recover weight on left
3&4 Step back on right. Step left next to right. Step forward on right
5-6 Step left toes forward. Step down on left heel
7-8 Step right toes forward. Step down on right heel

Section 3 ROCK. RECOVER. SHUFFLE 1/2. PIVOT 1/4. CROSS-SHUFFLE.

1-2 Rock forward left. Recover weight on right
3&4 ½ turn to left stepping left – right (&), left
5-6 Step forward on right, ¼ pivot to left.
7&8 Cross right over left, step left to left side. Cross right over left

Section 4 ROCK. RECOVER. WEAVE. ROCK. RECOVER. WEAVE.

1-2 Rock left to left side. Recover weight on right
3&4 Step left behind right, step right to right side, cross left over right.
5-6 Rock right to right side. Recover weight on left
7&8 Step right behind left, step left to side, cross right over left.

Section 5 MAMBO. MAMBO. ROCK. RECOVER. SHUFFLE 1/2.

1&2 Rock left to left side, Recover weight on right, step left in place.
3&4 Rock right to right side, Recover weight on left, step right in place.
5-6 Rock forward on left. Recover weight on right
7&8 ½ turn to left stepping left, right (&) left

Section 6 ROCK. RECOVER. SHUFFLE 1/2. PIVOT 1/2. KICK-BALL-CHANGE.

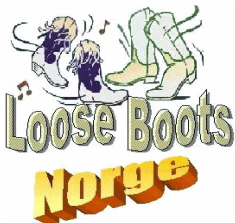
- 1-2 Rock forward on right. Recover weight on left.
3&4 1&2 turn to right stepping right – left (&)- right (9:00).
5-6 Step forward on left. Pivot 1/2 turn right (3:00).changing weight to right
7&8 Kick left forward. Step left next to right. Step right in place

Section 7 PIVOT 1/4. KICK-BALL-CHANGE. ROCK. RECOVER. COASTER-STEP.

- 1-2 Step forward left .Pivot quarter turn right (6:00).
3&4 Kick left forward. Step left next to right. Step right in place
5-6 Rock forward on left. Recover weight on right.
7&8 Step back on left. Step right next to left. Step forward left

Restart 1: On wall 3 dance Section 2 up to counts 5-6 left toe-heel strut then dance 7- 8 Step forward on right pivot ½ turn left taking weight on left (12:00) Start dance again.

Restart 2: On wall 6 dance up to Section 1 up to counts 3&4 (R kick-ball-change), then dance 5-6 Step forward right pivot ½ turn L keeping weight on left (6:00), 7-8 Step forward right pivot ½ turn L keeping weight on left (12:00), Start dance again.



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