

Irish Stew

32 COUNTS, 4 WALL LINE DANCE

PREPARED BY: SADIAH HEGGERNES (Tlf. 33 05 87 94 Mob. 902 04 440)
CHOREOGRAPHED BY: LOIS LIGHTFOOT (UK) February 2005.
LEVEL OF DIFFICULTY: BEGINNER/INTERMEDIATE
CHOREOGRAPHED TO: "IRISH STEW" (125 bpm) by Sham Rock from
"Sham Rock - The Album", 32-count intro – start on vocals.
SUGGESTED MUSIC: "WOMEN RULE" (130 bpm) by Lonestar from
"Let's Be Us Again" CD;
"DAYS GO BY" (130 bpm) by Keith Urban from
"Be Here" CD,
both start on vocals.

Section 1 Side Switches, Clap Twice, Heel Switches Forward, Clap Twice.

1 & Touch right to right side. Step right beside left.
2 & Touch left to left side. Step left beside right.
3 & 4 Touch right to right side. Clap hands twice.
5 & Touch right heel forward. Step right beside left.
6 & Touch left heel forward. Step left beside right.
7 & 8 Touch right heel forward. Clap hands twice.

Section 2 Shuffle Forward, Rock Recover, Coaster Step, Pivot 1/2 Turn.

1 & 2 Step right forward. Step left beside right. Step right forward.
3 - 4 Rock left forward. Recover onto right.
5 & 6 Step left back. Step right beside left. Step left forward.
7 - 8 Step right forward. Pivot 1/2 turn left.

Section 3 Cross Rock, Right Chasse, Cross Rock, Left Chasse.

1 - 2 Cross rock right over left. Recover onto left.
3 & 4 Step right to right side. Step left beside right. Step right to right side.
5 - 6 Cross rock left over right. Recover onto right.
7 & 8 Step left to left side. Step right beside left. Step left to left side.

Section 4 Toe Touches, Sailor Step, Toe Touches, Sailor 1/4 Turn Left.

1 - 2 Touch right forward. Touch right to right side.
3 & 4 Cross right behind left. Step left to left side. Step right in place.
5 - 6 Touch left forward. Touch left to left side.
7 & 8 Cross left behind right turning 1/4 left. Step right to right side. Step left in place.

