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LONELY

32 COUNTS 4 WALL LINE DANCE

PREPARED BY: SADIHA HEGGERNES (Tlf. 33 05 87 94 Mob. 902 04 440)
LEVEL OF DIFFICULTY: BEGINNER
CHOREOGRAPHER: Therese Scharff Stripp & Tenna Stripp Severinsen (Aug 2005)
CHOREOGRAPHED TO: "LONELY" by Akon

Section 1 R Kick & Cross x 2, ¼ Turn, ¼ Turn, Cross Shuffle

1&2 Kick R diagonally forward Step slightly back on R. Cross Step L over R.
3&4 Kick R diagonally forward Step slightly back on R. Cross Step L over R.
5 Turn ¼ L stepping back on R
6 Turn ¼ L stepping L to L side
7&8 Cross R over L, Step L slightly to L side, Cross R over L

Section 2 2xL Kick Ball Cross, L Rock Step, Cross Shuffle

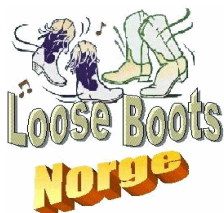
1&2 Kick L diagonally forward. Step slightly back on L. Cross Step R over L.
3&4 Kick L diagonally forward. Step slightly back on L. Cross Step R over L
5-6 Rock L to L side, Recover on R
7&8 Cross L over R, step R slightly to R side, Cross L over R

Section 3 Walk forward R, L, Walk back R, L, Knee Pop with ¼ Turn, R Press Step

1-2 Walk forward R, L – shoulder width apart; on R stretch R arm down and slightly out, with palm of hand to front, on L stretch L arm down and slightly out, with palm of hand to front.
3-4 Walk back R, L – shoulder width apart; on R place R palm over heart, on L place L palm on top of R palm over heart.
5&6 Pop R knee out, in, out - on last knee pop "out" turn ¼ turn R, weight on L
7-8 Press on R with head down, Recover on L with both arms stretched up and out.

Section 4 R Lock Step, L Lock Step, R Step turn x 2

1&2 Step R foot forward, Step L behind R, Step R foot forward
3&4 Step L foot forward, Step R behind L, Step L foot forward
5-6 Step forward on R, ½ turn L ending with weight on L
7-8 Step forward on R, ½ turn L ending with weight on L



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