

MY GIRL SALLY

32 COUNT, 4 WALL, BEGINNER LEVEL



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PREPARED BY: SADIAH HEGGERNES 33 05 87 94 / 902 04 440
CHOREOGRAPHER: AUDREY WATSON (SCOTLAND) DEC 2007
LEVEL OF DIFFICULTY: BEGINNER
CHOREOGRAPHED TO: "SEA SALT SALLY" by Rick Guard, Album: "STOP IT & DANCE" (164 bpm)

32 Count Start on vocals

Section 1 FWD TOUCH, BACK TOUCH, BACK TOUCH, FWD TOUCH.

- 1-2 Step fwd on right, touch left next right.
- 3-4 Step back on left, touch right next left.
- 5-6 Step back on right, touch left next right.
- 7-8 Step fwd on left, touch right next left.

Section 2 ROCK, ROCK, ROCK, HOLD X 2.

- 1-2 Rock fwd on right, recover back on left.
- 3-4 Rock fwd on right, hold for a beat.
- 5-6 Rock fwd on left, recover back on right.
- 7-8 Rock fwd on left, hold for a beat.

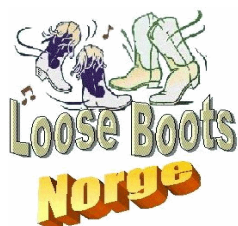
Section 3 SIDE HOLD, CROSS HOLD, SIDE, CLOSE, SIDE, HOLD.

- 1-2 Step right to right side, hold for a beat.
- 3-4 Cross left over right, hold for a beat.
- 5-6 Step right to right side, close left next right.
- 7-8 Step right to right side, hold for a beat.

Section 4 CROSS ROCK, 1/4 TURN, HOLD, RUN, RUN, RUN, RUN.

- 1-2 Cross rock left over right, recover back on right.
- 3-4 Turn 1/4 left stepping fwd on left, hold for a beat.
- 5-6 Small running step fwd on right, small running step fwd on left.
- 7-8 Small running step fwd on right, small running step fwd on left.

Potential floor split with Kate Sala's Sea Salt Sally



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