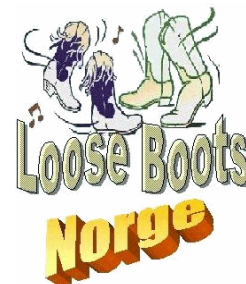


# OUT AND IN

## 32 COUNTS 4 WALL LINE DANCE



**PREPARED BY:** SADI AH HEGGERNES (Tif. 33 05 87 94 Mob. 902 04 440)  
**CHOREOGRAPHED BY:** LOUIS JAMES SEQUEIRA (SINGAPORE) JULY 2004  
**CHOREOGRAPHED TO:** "THE ONLY WAY OUT" by Cliff Richard (Private Collection 1979-1980)

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**Starting The Dance: 32 counts after brief drum roll intro.**

### **Section 1 Rock Recover, Chasse Right, Rock Recover, Chasse Left**

1-2 Step Right across Left and rock diagonally forward, Recover weight on Left  
3&4 Step side Right, close Left beside Right, Step side Right  
5-6 Step Left across Right and rock diagonally forward, recover weight on Right  
7&8 Step side Left, close Right beside Left, Step side Left

### **Section 2 Hip Bumps Forward**

1&2 Step Right forward, bumping hips -Forward, Back, Forward  
3&4 Step forward Left, bumping hips - Forward, Back, Forward  
5&6 Step Right forward, bumping hips -Forward, Back, Forward  
7&8 Step forward Left, bumping hips - Forward, Back, Forward

### **Section 3 Side Together, Chasse Right, Side Together, Chasse Left**

1,2 Step Right to right, close Left beside right  
3&4 Step right to Right, close Left beside right, Step Right to right  
5,6 Step Left to left, close Right beside left  
7&8 -Step Left to left, close Right beside left, Step Left to left

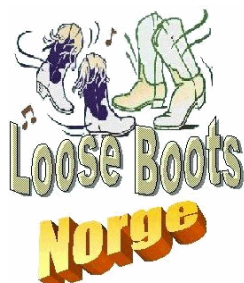
### **Section 3 Jazz Box Quarter Turn Right, Right Kick Ball Change**

1,2,3,4 Cross Right over Left, Step Left behind Right, turning ¼ to right stepping  
Right to right side, step Left beside Right  
5&6 Kick Right forward, Step right beside left, Step Left in place  
7&8 Kick Right forward, Step right beside left, Step Left in place

**START AGAIN!**

### **Tag (Just ONCE only!)**

On reaching 4th wall, repeat last 4 counts:  
(that is Kick Right forward, Step right beside left, Step  
Left in place etc....) and start the dance again still on 4th wall.



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