

PRISON BREAK

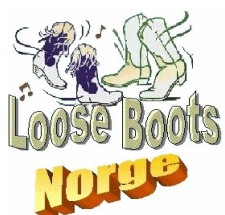
4 WALL 64 COUNTS LINE DANCE

PREPARED BY: SADIAH HEGGERNES 33 05 87 94 / 902 04 440
LEVEL OF DIFFICULTY: INTERMEDIATE
CHOREOGRAPHED BY: RACHAEL McENANEY (UK) NOVEMBER 2007
CHOREOGRAPHED TO: "JAILHOUSE ROCK" by The Blues Brothers (185 bpm) from Collection (32 count intro)
MUSIC SUGGESTION: "JAILHOUSE ROCK" by Elvis Presley (167 bpm) (32 count intro)



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- Section 1 Heel Strut, Side Rock, Heel Strut, Side Rock**
1 - 2 Touch right heel forward. Drop right toe to floor taking weight.
3 - 4 Rock left to left side. Recover onto right.
5 - 6 Touch left heel forward. Drop left toe to floor taking weight.
7 - 8 Rock right to right side. Recover onto left.
- Section 2 Cross Hold, Back Side, Cross, Hold, Rock Step 1/4 Turn**
1 - 4 Cross right over left. Hold. Step left back. Step right to right side.
5 - 6 Cross left over right. Hold.
7 - 8 Rock right to right side. Recover onto left making 1/4 turn left. (9:00)
- Section 3 Step, Hold, Step, Pivot 1/2, Step, Hold, Run**
1 - 4 Step right forward. Hold. Step left forward. Pivot 1/2 turn right. (3:00)
5 - 8 Step left forward. Hold. Step right forward. Step left forward.
- Section 4 Step Touch x 2, Forward Rock, Run Back**
1 - 2 Step right forward. Touch left beside right.
3 - 4 Step left forward. Touch right beside left.
5 - 8 Rock right forward. Recover onto left. Step back on right. Step back on left.
- Section 5 Back, Hold, Back Rock, Toe Strut x 2**
1 - 4 Step right big step back. Hold. Rock back on left. Recover onto right.
5 - 6 Touch left toe forward. Drop left heel to floor taking weight.
7 - 8 Touch right toe forward. Drop right heel to floor taking weight.
- Section 6 Lindy Rock Step, Kick Step, Rock Step, Kick Step**
1 - 2 Rock back on left (angle body to right diagonal). Recover onto right. (4:30)
3 - 4 Kick left to right diagonal. Step left in place and slightly forward.
5 Rock back on right (angle body to left diagonal). (1.30)
6 Recover onto left making 1/4 turn left to face front. (12:00)
7 - 8 Kick right forward. Step right in place.
- Section 7 Diagonal Step Touch, Touch Out In, Diagonal Step Touch, Touch, Step**
1 - 2 Step left to left diagonal. Touch right beside left.
3 - 4 Touch right to right side. Touch right beside left.
5 - 6 Step right to right diagonal. Touch left beside right.
7 - 8 Touch left to left side. Step left beside right.
- Section 8 Kick, Behind, Side, Cross, Kick, Behind, 1/4 Turn, Step**
1 - 2 Kick right to right diagonal. Cross right behind left.
3 - 4 Step left to left side. Cross right over left.
5 - 6 Kick left to left diagonal. Cross left behind right.
7 - 8 Make 1/4 turn right stepping right forward. Step left forward. (3:00)



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