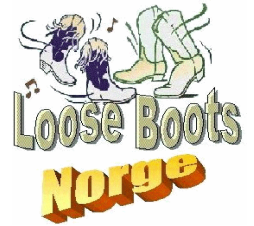


SEA SALT SALLY

96 COUNTS 4 WALL LINE DANCE



www.looseboots.no

PREPARED BY: SADI AH HEGGERNES (Tlf. 33 05 87 94 Mob. 902 04 440)
CHOREOGRAPHED BY: KATE SALA (UK) SEPTEMBER 2007
LEVEL OF DIFFICULTY: INTERMEDIATE
CHOREOGRAPHED TO: "SEA SALT SALLY" by Rick Guard (164 bpm)
from CD "STOP IT & DANCE!" VOL 1
available from www.linermedia.com or www.mastersinline.com

(32 count intro - start on vocals)

Section 1 Step, Hold, Side, Hold, Coaster Step, Hold

1 - 4 Step right forward. Hold. Step left to left side. Hold.
5 - 8 Step right back. Step left beside right. Step right forward. Hold.

Section 2 Forward Lock Step, Hold, Rocking Chair

1 - 4 Step left forward. Lock right behind left. Step left forward. Hold.
5 - 8 Rock right forward. Rock back on left. Rock right back. Rock forward on left.

Section 3 Step, Pivot 1/2, Step, Hold, Triple Full Turn Right, Hold

1 - 4 Step right forward. Pivot 1/2 left. Step right forward. Hold. (6:00)
5 - 6 Turn 1/2 right stepping left back. Turn 1/2 right stepping right forward.
7 - 8 Step left forward. Hold.

Option Counts 5 - 8: Replace triple full turn with forward lock step, hold.

Section 4 Step, Hold, Side, Hold, Coaster Step, Hold

1 - 4 Step right forward. Hold. Step left to left side. Hold.
5 - 8 Step right back. Step left beside right. Step right forward. Hold.

Section 5 Forward Lock Step, Hold, Rocking Chair

1 - 4 Step left forward. Lock right behind left. Step left forward. Hold.
5 - 8 Rock right forward. Rock back on left. Rock right back. Rock forward on left.

Section 6 Step, Pivot 1/2, Step, Hold, Triple Full Turn Right, Hold

1 - 4 Step right forward. Pivot 1/2 left. Step right forward. Hold. (12:00)
5 - 6 Turn 1/2 right stepping left back. Turn 1/2 right stepping right forward.
7 - 8 Step left forward. Hold.

Option Replace triple full turn with forward lock step, hold.

Section 7 Toe Strut Right, Back Rock, Toe Strut Left, Back Rock

- 1 - 2 Step on right toe to right side. Drop heel taking weight.
3 - 4 Rock left back. Rock forward on right.
5 - 6 Step on left toe to left side. Drop heel taking weight.
7 - 8 Rock right back. Rock forward on left.

Section 8 Weave Right, Hold, Back Rock

- 1 - 4 Step right to side. Cross left behind right. Step right to side. Cross left over right.
5 - 8 Step right to side. Hold. Rock left back. Rock forward on right.

Section 9 Side Rock, Touch, Heel Dig, Touch, Side Rock, Together

- 1 - 3 Rock left out to side. Recover onto right. Touch left beside right.
4 - 5 Dig left heel forward to left diagonal. Touch left toe beside right instep.
6 - 8 Rock left out to side. Recover onto right. Step left beside right.

Section 10 Coaster Cross, Hold, Scissor Step, Hold

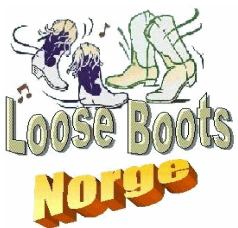
- 1 - 4 Step right back. Step left beside right. Cross step right over left. Hold.
5 - 8 Step left to side. Step right beside left. Cross step left over right. Hold.

Section 11 1/4 Turn Left, Hold (x 2); Cross Rock, Side Rock

- 1 - 4 Turn 1/4 left stepping right back. Hold. Turn 1/4 left stepping left to side. Hold.
5 - 8 Cross rock right over left. Rock back on left. Rock right out to side. Recover onto left.

Section 12 Sailor Step 1/4 Turn Right, Hold, Step, Pivot 1/2, Step, Hold

- 1 - 4 Cross right behind left. Turn 1/4 right stepping left to side. Step right forward. Hold.
5 - 8 Step left forward. Pivot 1/2 turn right. Step left forward. Hold.



www.looseboots.no